CLAIM AMENDMENTS

This listing of claims will replace all prior versions and listings of claims in the application.

Listing of Claims

Claims 1-110 (canceled)

111. (new) A medicinal composition for treating a cold or the flu, consisting of a pharmaceutical composition, a plant extract composition, and a pharmaceutically acceptable base, wherein:

the pharmaceutical composition consists of an effective amount of a pain relieving and anti-inflammatory pharmaceutical, alone or in combination with at least one of a pharmaceutical selected from the group consisting of a decongestant, an antihistamine, or a mixture thereof; and

the plant extract composition consists of:

- (i) an effective amount of elderberry extract, in combination with
- (ii) an antioxidant extract selected from the group consisting of a garlic extract, a green tea extract, an Astragalus extract, a grapefruit seed extract, and mixtures thereof, optionally in combination with
- (iii) an extract of milk thistle;

said pain relieving and anti-inflammatory pharmaceutical being selected from the group consisting of aspirin, acetaminophen, diclophenac, fenflofenac; indomethacin, sulindac, tolmetin, ibuprofen, ketoprofen, fenoprofen, flurbiprofen, naproxen, meclofenamic acid, flufenamic acid, piroxicam, tenoxicam, meloxicam, celicoxib, roficoxib, and nabumetone.

- 112. (new) The medicinal composition of Claim 111, wherein the plant extract composition comprises:
 - (i) said effective amount of elderberry extract, in combination with
 - (ii) said garlic extract.
- 113. (new) The medicinal composition of Claim 111, wherein the plant extract composition comprises:
 - (i) said effective amount of elderberry extract, in combination with

- (ii) said green tea extract.
- 114. (new) The medicinal composition of Claim 111, wherein the plant extract composition comprises:
 - (i) said effective amount of elderberry extract, in combination with
 - (ii) said Astragalus extract.
- 115. (new) The medicinal composition of Claim 111, wherein the plant extract composition comprises:
 - (i) said effective amount of elderberry extract, in combination with
 - (ii) said grapefruit seed extract.
- 116. (new) The medicinal composition of Claim 112, additionally comprising at least one of said green tea extract, said Astragalus extract, and said grapefruit seed extract.
- 117. (new) The medicinal composition of Claim 113, additionally comprising at least one of said Astragalus extract, and said grapefruit seed extract.
- 118. (new) The medicinal composition of Claim 114, additionally comprising said grapefruit seed extract.
- 119. (new) The medicinal composition of Claim 112, additionally comprising said extract of milk thistle.
- 120. (new) The medicinal composition of Claim 113, additionally comprising said extract of milk thistle.
- 121. (new) The medicinal composition of Claim 114, additionally comprising said extract of milk thistle.

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122. (new) The medicinal composition of Claim 115, additionally comprising said extract of milk thistle.

123. (new) The medicinal composition of Claim 111, wherein said pain relieving and anti-

inflammatory pharmaceutical is selected from the group consisting of aspirin, acetaminophen,

and ibuprofen.

124. (new) The medicinal composition of Claim 111, wherein said decongestant is

selected from the group consisting of Ephedrine, Phenylephrine, Phenylpropanolamine, and

Pseudoephedrine.

125. (new) The medicinal composition of Claim 111, wherein said antihistamine is

selected from the group consisting of Diphenhydramine, Chlorpheniramine, Astemizole,

Azatadine, Cetirizine, Clemastine, Cyproheptadine, Loratadine, and Terfenadine

126. (new) The medicinal composition of Claim 111, wherein said pharmaceutical

composition comprises said pain relieving and anti-inflammatory pharmaceutical and said

decongestant.

127. (new) The medicinal composition of Claim 111, wherein said pharmaceutical

composition comprises said pain relieving and anti-inflammatory pharmaceutical and said

antihistamine.

128. (new) The medicinal composition of Claim 111, wherein said pharmaceutical

composition comprises said pain relieving and anti-inflammatory pharmaceutical, said

antihistamine, and said decongestant.

129. (new) A method for treating a patient suffering from an ailment or symptom caused

by an immune response, comprising the step of administering a medicinal

composition to the patient, said medicinal composition consisting of a pharmaceutical

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composition, a plant extract composition, and a pharmaceutically acceptable base, wherein:

the pharmaceutical composition consists of an effective amount of a pain relieving and anti-inflammatory pharmaceutical, alone or in combination with at least one of a pharmaceutical selected from the group consisting of a decongestant, an antihistamine, or a mixture thereof; and

the plant extract composition consists of:

- (i) an effective amount of elderberry extract, in combination with
- (ii) an antioxidant extract selected from the group consisting of a garlic extract, a green tea extract, an Astragalus extract, a grapefruit seed extract, and mixtures thereof, optionally in combination with
- (iii) an extract of milk thistle;

said pain relieving and anti-inflammatory pharmaceutical being selected from the group consisting of aspirin, acetaminophen, diclophenac, fenflofenac; indomethacin, sulindac, tolmetin, ibuprofen, ketoprofen, fenoprofen, flurbiprofen, naproxen, meclofenamic acid, flufenamic acid, piroxicam, tenoxicam, meloxicam, celicoxib, roficoxib, and nabumetone.

- 130. (new) The method of Claim 129, wherein the plant extract composition comprises:
 - (i) said effective amount of elderberry extract, in combination with
 - (ii) said garlic extract.
- 131. (new) The method of Claim 129, wherein the plant extract composition comprises:
 - (i) said effective amount of elderberry extract, in combination with
 - (ii) said green tea extract.
- 132. (new) The method of Claim 129, wherein the plant extract composition comprises:
 - (i) said effective amount of elderberry extract, in combination with
 - (ii) said Astragalus extract.

- 133. (new) The method of Claim 129, wherein the plant extract composition comprises:
 - (i) said effective amount of elderberry extract, in combination with
 - (ii) said grapefruit seed extract.
- 134. (new) The method of Claim 130, additionally comprising at least one of said green tea extract, said Astragalus extract, and said grapefruit seed extract.
- 135. (new) The method of Claim 131, additionally comprising at least one of said Astragalus extract, and said grapefruit seed extract.
- 136. (new) The method of Claim 132, additionally comprising said grapefruit seed extract.
- 137. (new) The method of Claim 130, additionally comprising said extract of milk thistle.
- 138. (new) The method of Claim 131, additionally comprising said extract of milk thistle.
- 139. (new) The method of Claim 132, additionally comprising said extract of milk thistle.
- 140. (new) The method of Claim 133, additionally comprising said extract of milk thistle.
- 141. (new) The method of Claim 129, wherein said pain relieving and anti-inflammatory pharmaceutical is selected from the group consisting of aspirin, acetaminophen, and ibuprofen.
- 142. (new) The method of Claim 129, wherein said decongestant is selected from the group consisting of Ephedrine, Phenylephrine, Phenylpropanolamine, and Pseudoephedrine.
- 143. (new) The method of Claim 129, wherein said antihistamine is selected from the group consisting of Diphenhydramine, Chlorpheniramine, Astemizole, Azatadine, Cetirizine, Clemastine, Cyproheptadine, Loratadine, and Terfenadine

144. (new) The method of Claim 129, wherein said pharmaceutical composition comprises said pain relieving and anti-inflammatory pharmaceutical and said decongestant.

- 145. (new) The method of Claim 129, wherein said pharmaceutical composition comprises said pain relieving and anti-inflammatory pharmaceutical and said antihistamine.
- 146. (new) The method of Claim 129, wherein said pharmaceutical composition comprises said pain relieving and anti-inflammatory pharmaceutical, said antihistamine, and said decongestant.